



VOICE FOR RIGHTS INTERNATIONAL



FORUM OF DIPLOMACY AND HUMAN RIGHTS



UNIVERSAL DECLARATION OF HUMAN RIGHTS BY UNITED NATIONS 1948



01. We Are All Born Free & Equal
02. Don't Discriminate
03. The Right to Life
04. No Slavery
05. No Torture
06. You Have Rights No Matter Where You Go
07. We're All Equal Before the Law
08. Your Human Rights Are Protected by Law
09. No Unfair Detainment
10. The Right to Travel
11. We're Always Innocent Till Proven Guilty
12. The Right to Privacy
13. Freedom to Move
14. The Right to Seek a Safe Place to Live
15. Right to a Nationality
16. Marriage and Family
17. The Right to Your Own Things
18. Freedom of Thought
19. Freedom of Expression
20. The Right to Public Assembly
21. The Right to Democracy
22. Social Security
23. Workers' Rights
24. The Right to Play
25. Food and Shelter for All
26. The Right to Education
27. Copyright
28. A Fair and Free World
29. Responsibility
30. No One Can Take Away Your Human Rights



NETWORK

VOICE FOR RIGHTS

INTERNATIONAL ASSOCIATION - CANADA



SYED KAZAM ALI - PAK



CHRISTINE LATAM - USA



NICOLE CRELLIN - CA



EMILY VARGA - CA



ESTELLE - CA



SANA ZAHRA - CA



RANA ALI RAZA - PAK



FATIMA NOOR - PAK



CAMILA - AZE



NIGAR SHIRINOVA - AZE



WASEEM YOUSAF - PAK



MAREENA IQBAL - PAK



M. MASIH - IRQ



MUHAMMAD SYED - CA



TASNEEM MOHAMED - EGY



THURAIRAJAH - LKA



IFFAT ZAHARA - CA



AROORJ MALIK - PAK



MEHWISH WAQAR - CA



DAO THI THEM - VNM



PATRICK RATUITA - PHL



SYED KAZAM ALI

Director Voice for Rights International

Voice of Rights International Association is based in Canada, with footprints in over 64 countries around the world. Our mission is to educate and promote human rights awareness for all and enhance global understanding through researches, training sessions, seminars, workshops and programs. Trusted by thousands around the world, our training and programs equip people with skills and enable them to understand the basic conceptions of the Universal Declaration of Human Rights by United Nations 1948. Our mission is simple - empower every person on earth to nourish and protect universal fundamental rights. We are striving to inculcate the values of dignity, equality and justice for all. We encourage individuals and communities to enlighten a culture of human rights in the globe.



NICOLE CRELLIN

*Ambassador of
Voice for Rights International*

Youth for Human Rights has as its mandate to educate youth about the rights they have as human beings. These human rights were approved over 60 years ago and are included in an important and historical document that has been embraced by 193 nations. However, the problem is that people are not aware of these rights that they have as human beings and how it relates to their survival and the survival of those around them. You can find out what these 30 human rights are by visiting the website www.youthforhumanrights.org. On the website, a free online human rights course is offered and anyone successfully doing the course can receive a certificate upon completion.

Let's make this world a better place to live by having people who know, understand and apply their 30 fundamental rights and are willing to share it with others so that we can live in peace and harmony with other human beings.



M. ZEESHAN

*IT Ambassador of
Voice for Rights International*

It has been officially recognized many times that women and girls are more often exposed to violations of their rights to expression, privacy, dignity and safety online.

The Internet is the main sales platform for human trafficking. The United Nations has reported that 76% of trafficked persons are girls and women. It is not new that women and girls face both disproportionate and qualitatively different threats to their privacy, safety, dignity and ability to fully engage online.

Encryption, anonymity and digital security tools could be used to protect the safety of women and girls online, strengthening numerous human rights. It could also be used to protect human rights defenders who deal with gender-based violence and discrimination.

Using a mathematical process, an encryption technique can render data unreadable to anyone without the encryption key.



BILAL YOUSAF

Department of Police



USAMA TARIQ

Director Teaching Pakistan

What role do human rights play in our daily lives?

Many fundamental rights are present in our daily lives and sometimes we are unaware of the struggles that took place to secure them. There are many of them and they are all inseparable and interdependent: the right to the universal vote, to free healthcare, to express an opinion that is either against or in favour of a particular government, the free expression of faith and the right to paid holiday. They range from the Covid-19 vaccine being available free of charge in health centres to mechanisms to combat the torture of people in prison. This is all part of a wide-ranging complex system of human rights that all people must have access to, simply because they are humans. In practice, these rights guarantee our lives as individuals and as a society.

The prime goal of diplomacy is to further the state's interests as dictated by geography, history, and economics. Safeguarding the state's independence, security and integrity is of prime importance; preserving the widest possible freedom of action for the state is nearly as important. Beyond that, diplomacy seeks maximum national advantage without using force and preferably without causing resentment. Me being a diplomat, wishes to see every nation and its public prosper in all aspects of development. I believe in peace building through dialogue and productive exercise. Peace is indeed the biggest of all kinds of wealth and success. May the world hail through diplomacy.



EMILY VARGA

Human Rights Advocate

I believe that providing others with an understanding of their basic human rights as outlined in the Universal Declaration of Human Rights empowers them to ensure these rights are universally upheld. It is in this spirit that we hold summits around the world, such as our Youth Summit 2022 being hosted this November at UBC in Vancouver, Canada. Ultimately, by joining together under the banner of this landmark document, we can spread a calming message of respect and harmony like a guiding light, to provide a path toward healing through restoration of the freedoms that are so near and dear to our hearts. There are those among us who are willing to speak with conviction to uphold these rights, no matter what direction popular opinion sways. It is on their shoulders that our society and our world will be raised. I commend all our young human rights leaders and international delegates for their commitment to this ideal, and for being the voice of freedom that will ultimately bring about harmony and peace.



NAWAB UR REHMAN

Attorney at Law

What are human rights?

Human rights are like armour: they protect you; they are like rules, because they tell you how you can behave; and they are like judges, because you can appeal to them. They are abstract – like emotions; and like emotions, they belong to everyone and they exist no matter what happens. They are like nature because they can be violated; and like the spirit because they cannot be destroyed. Like time, they treat us all in the same way – rich and poor, old and young, white and black, tall and short. They offer us respect, and they charge us to treat others with respect. Like goodness, truth and justice, we may sometimes disagree about their definition, but we recognise them when we see them.



MUHAMMAD SYED

Attorney at Law

United Nations Declaration of Human Rights (UDHR) was passed to recognize that Human Rights are universal, and every human being is equally entitled to enjoy those rights. Since its passage, education and promotion remained primary objective. Preamble and article 26 of UDHR provides Human Rights education is the process of teaching and education with objective to promote respect for human rights and freedoms. The idea of education focused on eradicating illiteracy and incorporating human rights to achieve greater understanding of human rights with dissemination of UDHR. Voice for Rights International (VFRI) is a wonderful initiative that provides an opportunity for people from around the world to get together, share their stories and discuss ideas to keep Human Rights discourse relevant and make it a top priority in the decision making process of every government and institution.



MASOOMA

Motivational Speaker

Progressive Mindset is mandatory in today's Era to move forward and live fear free life, we need to explore & step out of our comfort zone to enhance our learnings for a future we deserve. Progressive minds develop through experience of surroundings which plays a vital role in our lives, we can't grow if we are not curious for advancement & show interest to step ahead in life. We have to train our minds to accept realities & should have broad visions which will further reflect our behaviour/actions. Human rights are one of the powerful tool that lead us to direction of Progressive world, Free from discrimination and show us the value of every individual, to compete in this world, we need to equip our self with adequate information and should be passionate about progress, Every individual deserve a life, a life that everyone desire and human rights makes difference through its presence in whole world.They make sure everyone can choose their life and help them to be progressive in nature which will ended up as progressive nations as whole.



NOUSHEEN ISRAR

PAS

Human Rights and the Plight of Flood Affectees:

Many have predicted how will be the upcoming days of the 21st century. But one thing is for sure that climate change and its effects will be a permanent feature. In Pakistan, these effects are clearly visible with a massive flood hitting atleast 70 percent of the country's land. And, majority of the population are facing a human rights crisis at the moment. People are in dire need of basic necessities for their survival like Food, water, shelter, medicine etc. However, due to meagre resources of the state, the plight of these affectees can not be fully addressed. In this time of crisis, all eyes are towards the international community and donors to help and provide relief as well as rehabilitation to the affectees. But, there is a stark difference in how international community responded in 2011 floods and now. Let us remind everyone that the devastation and destruction this time is much more than the previous floods. Moreover, this is a serious consequence of climate change due to the developed world, of which Pakistan is bearing the brunt of. The issue at hand is not about who is contributing more or less to climate change but how can we help the flood affectees and ensure they are not deprived of basic human rights. Its important that everyone join hands and help these poor souls so that they can atleast stand on their feet and regain their strengths which was taken due to a natural disaster. The first step is to provide relief in form of ensuring basic human necessities. The second step is to rehabilitate by long-term humanitarian interventions. Only then we can save these people and bring them towards life. Hence, climate change is a reality and we need to collectively work on it so that we can save generations from deprivation of human rights.



EVENT REPORT - I

IDC BAKU, AZERBAIJAN 2022



On 26th August 2022, the International Diplomat's Conference was organized at Baku, Azerbaijan by a joint collaborative effort of Teaching Pakistan and Voice for Rights International Association Canada. The 3 day event focused on three major themes i.e. International Law and Justice, Freedom of Speech, Drugs education and Global economic instability. The main idea behind this international event was to gather social activists from different communities and vast backgrounds and collectively provide them with the opportunity to discuss the root causes of these issues and find means to tackle these matters.

During Day 1 of the conference, a city tour was organized for the participants with the aim to help everyone break the ice, interact with one another and relax. In this manner, the participants got the opportunity to explore the mesmerizing capital of Azerbaijan along with indulging in the unique local cuisines and visit the popular tourist attraction points including the Highland Park, Mini-Venice, walk around the Martyrs' lane, explore the Azerbaijan Carpet museum. Meanwhile, upon sundown, the group of participants explored the old Baku city and appreciated the ancient architecture within the region. Thus, the adventurous day 1 of the conference ended with an exquisite dinner at a local famous restaurant.

Day-2 of the event started off with the introductory session from the organizers, for this purpose Mr. Syed Kazam, Founder of Voice for Rights International was invited to give opening remarks. Mr. Kazam enlightened the participants regarding the main objective and purpose behind forming this Youth empowering organization. In addition, Mr. Usama Tariq founder of Teaching Pakistan gave his opening remarks depicting the main ideology of the organization as well as future aspirations. As follows, the host Ms. Dinora initiated the session and requested all the participants to introduce themselves after which, the conference officially commenced. The day was broken into two major keynote sessions followed by panel discussions on the themes involved. Mr. Saad Khan, a leading economist in UAE was invited to present regarding the Global Economic instability and Trade, his talk enlightened the participants regarding the basic understanding of economics, the major role of Small Medium Enterprise and how innovative methods can be utilized to distribute limited resources for greatest improvement of the business. The session ended with an in-depth discussion amongst the participants regarding the impact of economic change on the small businesses and the need to adopt innovative practices to save their businesses.



EVENT REPORT - II IDC BAKU, AZERBAIJAN 2022



Secondly, after the lunch, the next honorable speaker session was conducted by the Director of Drug Free World Ms Christine Latam. During the virtually held session Christine's talk focused regarding the silently increasing concern of drug abuse amongst the youth globally and her talk emphasized on the urgent need to enhance drug education and awareness particularly amongst the Youth. For her session, each participant received an individual booklet designed by Drugfreeworld.org to educate and acknowledge the participants regarding different form of drugs and means through which they are exploited. Moreover, she highlighted the long-term implications of drugs and their impact in depressing the Central nervous system, reducing memory, affecting the ability logically think along with enhancing the risk of cancer development. All the participants were keen to learn more on this topic and thus, at the end of the talk a detailed Query session was conducted to discuss ideas and strategies that can reduce the inclination of the youth towards drugs. The take home message from this session was to start from grass root level and educate children regarding the negative implications of drugs through family discussions. In this manner, Day 2 ended with media interviews of the participants and group pictures were taken after which, the participants were free to have recreational time. The take home message from this session was to start from grass root level and educate children regarding the negative implications of drugs through family discussions. In this manner, Day 2 ended with media interviews of the participants and group pictures were taken after which, the participants were free to have recreational time. The 3-Days event was designed to provide all the successful participants with empowering sessions like under the same sky, to support them in unleashing their fullest potential and to recognize their personal strengths as individuals. For this purpose, the first session was conducted by Ms. Zoya Hamza the Founder of SHE a Non-Profitable Organization founded to empower women. During the interactive session, Ms. Zoya inspired the participants to analyze and embark the journey of Self-discovery, to understand their purpose as well as duty to the community. Furthermore, Zoya also highlighted the need to Freedom of Speech as well as portrayed the concept of "Gender equity" and its necessity within the community to build healthy connections. Moreover, the next session was conducted by Dr. Noor Hayat Faculty of Mass communication who focused on Freedom of speech within various aspects of the society.



EVENT REPORT - III IDC BAKU, AZERBAIJAN 2022



Dr. Noor's presentation explained the concept of free speech and associated this concept on a broader state level depicting the lack of Free speech within mass media, concept of free speech with religious perspective and how it is perceived globally. This session received the most interest by all the participants as well as panelists who discussed the future of free speech globally.

Lastly, Mr. Malik Azaz presented on the theme of International Law and Justice. Mr. Azaz's session involved a mock trial to discuss Whether Free trial existed within Pakistan or not, for this purpose the participants were divided into two blocks who counter argued on the topic. The mock trial involved heated discussions within the two teams and finally, the panel declared the team A which agreed on the topic as winners due to the quality of discussions and validity of arguments presented. After the conference, Spotlight sessions were conducted during which the Participants from Azerbaijan, Pakistan and UAE highlighted their personal experience of the conference, presented their future aspirations and conveyed their gratitude for getting the opportunity to participate in the prestigious event.

At last, the award ceremony was conducted followed by the ending remarks from the organisers. Moreover, on the basis of the quality of discussion, six participants were selected as the Partially funded delegates for the upcoming youth leadership training program intended to occur in the USA in 2023, While one participant was awarded with the title of Best Delegate and selected as a fully funded participant for the training program.

This 3 days event enabled social activists to understand and form solutions for implementing the UN-SDGs in our own country, while focusing on their applicability on national level, controversies and issues that pertain to this phenomenon and lastly, understand the root causes of global economic instability, lack of freedom of speech as well. This international conference not only helped participants to gain strong communication skills to convey their perspective within a crowd but also exposed them to a unique cross-cultural experience. Believed that the entire speaker sessions organized in this conference empowered and inspired all participants to work on individual levels to break the society's stereotypes through the power of free speech but also advocate the right for education on every level. Given that the participants in the conference belonged from diverse professional fields, this event enhanced individual understanding regarding then need for innovation, user psyche in economic and need for drug education which are not commonly discussed.











EVENT REPORT

YOUTH PROFESSIONAL TRAINING PROGRAM - USA 2021

BUFFALO NEW YORK & WASHINGTON DC

Youth Professional Training Program 2021 in USA which was an enlightening program designed for young people aged 16 to 35 years. It was an excellent journey of self-discovery where delegates profoundly plunge with astonishing individuals around the world. Furthermore, the fellowship had highlight cross-culture exchange, self-exploration, leadership development, global interaction and friendship, collaboration, Sustainable Development Goals, and youth strengthening. Delegates spent five days in Buffalo and three in Washington DC where they were trained on such topics, Human Rights Education with respect to Universal Declaration of Human Rights 1948, Freedom of Expression, Youth Leadership and Right to Education. Fellowship objectives were, To develop leadership, team building, entrepreneurial skills amongst participants and empowering them to take leadership on UN-Sustainable Development Goals. To encourage delegates to find themselves through various methodologies of self-exploration.

To invigorate and achieve greater self-awareness, a positive sense of well-being amongst delegates of the both countries. To sanction delegates discover the magnificence, culture and spirituality of the USA.

VFRI aims to organise such events in future so Youth can be trained and aware about Universal Declaration of Human Rights 1948 so they can promote and educate it worldwide.





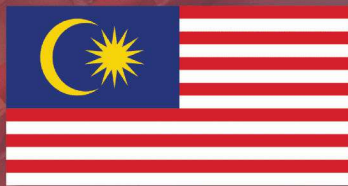




INTERNATIONAL
DIPLOMATS
CONFERENCE



INTERNATIONAL DIPLOMATS CONFERENCE - MALAYSIA 2023



www.vfri.ca



OUR PARTNERS



YOUTH FOR HUMAN RIGHTS INTERNATIONAL



FOUNDATION FOR A DRUG FREE WORLD



UNITED FOR HUMAN RIGHTS



LEGALITES CONSULTANTS

TEACHING PAKISTAN



CATALYST LEGAL SERVICES



SMILE WELFARE ORGANIZATION



WAY TO HAPPINESS (BUFFALO)

